# NOTICE TO ALL EMPLOYEES

### If you become injured at work, you must see one of the following medical providers for initial medical care.

## MCCRACKEN COUNTY

#### **GATEKEEPERS**

#### **ESTES CHIROPRACTIC**

3217 Central Ave Paducah, KY 42001-4245 (270) 442-6352 Estes, J Kelly, DC Estes, Kevin, DC

#### **HEISNER, MONTY, DC**

5649 Benton Rd Paducah, KY 42003-1003 (270) 898-3052

#### LEEPER CHIROPRACTIC CTR

229 S Friendship Rd Paducah, KY 42003-5702 (270) 554-9637 Leeper, Robert, DC

#### LONE OAK CHIROPRACTIC

2920 Lone Oak Rd Paducah, KY 42003-8052 (270) 554-5114

#### **MICHAEL A WINTERS DC, PSC**

2830 Lone Oak Rd #4 Paducah, KY 42003-8044 (270) 554-2141 Winters, Michael, DC

#### OCCUNET BY OHRC, INC

2535 Broadway St Paducah, KY 42001-3124 (270) 575-3001 Mutchler, Bradford, MD Barlow, Ronald, MD

#### REDICARE URGENT CARE

225 Med Ctr Dr #100 Paducah, KY 42003-7914 (270) 441-4357 Hodge, Robert, MD Cecil Jr, John, MD

#### TELLE, TERRI, MD

6035 Kentucky Dam Rd Paducah, KY 42003-9472 (270) 898-2444

#### **FAST TRACK**

2501 Kentucky Ave Paducah KY 42003-3813 (270) 575-2808

#### HOSPITAL

#### LOURDES HOSP

1530 Lone Oak Rd Paducah, KY 42003-7901 (270) 444-2444

#### **WESTERN BAPTIST HOSPITAL**

2501 Kentucky Ave Paducah KY 42003-3813 (270) 575-2100

A complete directory is available for review at <a href="http://www.focus-ppo.com/kymco">http://www.focus-ppo.com/kymco</a>

These medical providers have been chosen by your employer as our first choice of medical providers for injuries sustained on the job, pursuant to the Kentucky Department of Workers' Claims regulation 803 KAR 25:110E and statute KRS Chapter 342. The Concentra Managed Health Care Plan system has been selected by your employer and is designed to help you receive timely and effective medical care and treatment for your work-related injuries and to help you return to work as soon as medically possible.

### If you have any questions see your supervisor or call: Concentra at (866) 624-6390